

SCORING THE CHILDREN'S DISSOCIATIVE EXPERIENCES SCALE AND POSTTRAUMATIC SYMPTOM INVENTORY
 Bradley C. Stolbach, adapted from Bernstein & Putnam (1986)

A.		Sample Item						
B.		Sample Item						
1.	CDES 1	don't remember getting to school	<u>3</u>	<u>2</u>	<u>1</u>	<u>0</u>		remember getting to school
2.	CDES 2	hear what people say	<u>0</u>	<u>1</u>	<u>2</u>	<u>3</u>		don't hear what people say
3.	CPTSI 1	few stomachaches	<u>0</u>	<u>1</u>	<u>2</u>	<u>3</u>		frequent stomachaches
4.	CDES 3	standing next to self	<u>3</u>	<u>2</u>	<u>1</u>	<u>0</u>		not outside self
5.	CPTSI 2	guilty	<u>3</u>	<u>2</u>	<u>1</u>	<u>0</u>		not guilty
6.	CPTSI 3	few intrusive thoughts	<u>0</u>	<u>1</u>	<u>2</u>	<u>3</u>		frequent intrusive thoughts
7.	CPTSI 4	startle	<u>3</u>	<u>2</u>	<u>1</u>	<u>0</u>		no startle
8.	CDES 4	things are real	<u>0</u>	<u>1</u>	<u>2</u>	<u>3</u>		things aren't real
9.	CDES 5	wonder if dreamed or happened	<u>3</u>	<u>2</u>	<u>1</u>	<u>0</u>		know if dreamed or happened
10.	CDES 6	talks to self	<u>3</u>	<u>2</u>	<u>1</u>	<u>0</u>		doesn't talk to self
11.	CPTSI 5	rarely scared	<u>0</u>	<u>1</u>	<u>2</u>	<u>3</u>		often scared
12.	CDES 7	looking through fog	<u>3</u>	<u>2</u>	<u>1</u>	<u>0</u>		not looking through fog
13.	CDES 8	aware when watching TV	<u>0</u>	<u>1</u>	<u>2</u>	<u>3</u>		unaware when watching TV
14.	CPTSI 6	don't jump at noise	<u>0</u>	<u>1</u>	<u>2</u>	<u>3</u>		jump at noise
15.	CDES 9	trouble remembering events	<u>3</u>	<u>2</u>	<u>1</u>	<u>0</u>		can remember events
16.	CDES 10	recognize self in mirror	<u>0</u>	<u>1</u>	<u>2</u>	<u>3</u>		don't recognize self in mirror
17.	CPTSI 7	often restless or jumpy	<u>3</u>	<u>2</u>	<u>1</u>	<u>0</u>		rarely restless or jumpy
18.	CPTSI 8	often losing temper	<u>3</u>	<u>2</u>	<u>1</u>	<u>0</u>		rarely losing temper
19.	CDES 11	know if did or thought about	<u>0</u>	<u>1</u>	<u>2</u>	<u>3</u>		wonder if did or thought about
20.	Fake 1	love homework	<u>3</u>	<u>2</u>	<u>1</u>	<u>0</u>		sometimes don't like homework
21.	CDES 12	often staring into space	<u>3</u>	<u>2</u>	<u>1</u>	<u>0</u>		rarely staring into space
22.	CPTSI 9	posttraumatic play	<u>3</u>	<u>2</u>	<u>1</u>	<u>0</u>		"normal" play
23.	CDES 13	know daydreams aren't real	<u>0</u>	<u>1</u>	<u>2</u>	<u>3</u>		think daydreams are real
24.	CDES 14	often dizzy	<u>3</u>	<u>2</u>	<u>1</u>	<u>0</u>		rarely dizzy
25.	CDES 15	dreaming when awake	<u>3</u>	<u>2</u>	<u>1</u>	<u>0</u>		no dreaming when awake
26.	CPTSI 10	few nightmares	<u>0</u>	<u>1</u>	<u>2</u>	<u>3</u>		frequent nightmares
27.	CDES 16	not in body	<u>3</u>	<u>2</u>	<u>1</u>	<u>0</u>		in body
28.	Fake 2	fibbing	<u>0</u>	<u>1</u>	<u>2</u>	<u>3</u>		never fibbed
29.	CDES 17	feelings	<u>0</u>	<u>1</u>	<u>2</u>	<u>3</u>		no feelings
30.	CPTSI 11	bedtime intrusive images	<u>3</u>	<u>2</u>	<u>1</u>	<u>0</u>		easy bedtime
31.	CDES 18	trouble controlling body	<u>3</u>	<u>2</u>	<u>1</u>	<u>0</u>		can control body

SCORING THE CDES/PTSI, p.2

Bradley C. Stolbach, adapted from Bernstein & Putnam (1986)

32.	CDES 19	can concentrate	<u>0</u>	<u>1</u>	<u>2</u>	<u>3</u>	trouble concentrating
33.	CDES 20	can remember things	<u>0</u>	<u>1</u>	<u>2</u>	<u>3</u>	trouble remembering things
34.	CDES 21	trouble paying attention	<u>3</u>	<u>2</u>	<u>1</u>	<u>0</u>	can pay attention
35.	CPTSI 12	rarely grouchy	<u>0</u>	<u>1</u>	<u>2</u>	<u>3</u>	often grouchy
36.	Fake 3	always happy	<u>3</u>	<u>2</u>	<u>1</u>	<u>0</u>	sometimes unhappy
37.	CPTSI 13	frequent headaches	<u>3</u>	<u>2</u>	<u>1</u>	<u>0</u>	few headaches

For Dissociative Experiences Score, sum items 1, 2, 4, 8, 9, 10, 12, 13, 15, 16, 19, 21, 23, 24, 25, 27, 29, 31, 32, 33, 34.

For Posttraumatic Symptom Score, sum items 3, 5, 6, 7, 11, 14, 17, 18, 22, 26, 30, 35, 37.

For Fake Score, sum items 20, 28, 36.

Social Desirability (Fake) Score > 4 suggests possibility of underreporting; > 6 suggests responses are not valid.

Total Score = Dissociative Experiences Score + Posttraumatic Symptom Score (**Do not include Fake items in Total Score**).

Total Scores > 34 suggest clinical level of trauma symptoms/partial PTSD.

Total Scores > 42 suggest PTSD.

The CDES/PTSI is intended as a screening measure and diagnoses should not be made based solely upon CDES/PTSI scores.