

## **EMDR Child and Sleeping Dogs Booster Training 7 and 8 March 2020 Christchurch NZ**

### **Program EMDR Child Training**

In this two-day training program, Arianne Struik and Renee Beer will address the following topics to strengthen you in the treatment of children having been traumatized chronically by interpersonal trauma within the family:

- Resistance, avoidance and refusal to do EMDR
- Recognizing and dealing with dissociative reactions
- Building affect regulation
- Case conceptualisation for EMDR
- Procedures for target selection
- Trouble shooting
- Cognitive Interweaves
- Storytelling and engaging young children in EMDR

### **Applicants**

Participants need to have participated in the EMDR Child training with Carlijn de Roos and have built experience with the application of the Dutch EMDR Child protocol with children.

Preferably participants have already participated in the workshop Treating Chronically Traumatized Children with Arianne Struik. If not, this one-day workshop is planned on Wednesday the 4<sup>th</sup> of March 2020 (costs 275 NZD including book).

### **Practical issues**

**Location:** Christchurch Community House Te Whakaruruhau ki Otautahi  
301 Tuam Street, Christchurch

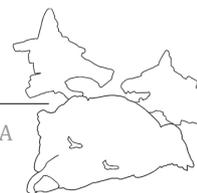
**Dates:** 7 and 8 March 2020 (9.30 am till 4.30 pm)

**Costs:** 800 NZD no GST including lunch and materials. A minimum number of registrations is needed for this training.

**Registration:** [www.ariannestruik.com](http://www.ariannestruik.com)

**Information:** [ariannestruik@hotmail.com](mailto:ariannestruik@hotmail.com)

**Renée Beer** is a clinical psychologist /cognitive behavioral therapist and an EMDR Europe approved Child & Adolescent Trainer. Together with Carlijn de Roos she developed the Child & Adolescent EMDR training for the Netherlands. Renée is specialized in the treatment of children and adolescents with diverse trauma-related disorders and adolescents with eating disorders. She is also certified as trainer in Trauma Focused Cognitive Behavioral Therapy. She published both on EMDR and TFCBT and she is Chair of the Child & adolescent trainers of EMDR Europe.



**Arienne Struik** is a clinical psychologist, family therapist and EMDR practitioner and consultant, originally from the Netherlands. She worked in Child and Adolescent Mental Health for twenty-two years as a clinical psychologist and program director. She moved to Australia and became director of The Institute for Chronically Traumatized Children (ICTC) from which she provides specialized trauma treatment in remote areas, as well as workshops, training, supervision and research from the Institute for Chronically Traumatized Children. She developed the award-winning Sleeping Dogs method, described in the second edition of the book *Treating Chronically Traumatized Children* (Struik, 2019) and teaches internationally on the treatment of trauma and dissociation in children. She is member of the European ISSTD Child and Adolescent Committee and convener of the Australian Psychological Society EMDR Interest Group.